

INBA AUSTRALIA

INTEGRITY, EXCELLENCE, DEDICATION, SPIRIT & LOYALTY

RUN SHEET - SEASON C NATIONALS

NOTE: Please be stage-ready 15 minutes before your start time.

*The day will run fast, so ensure family members are present
an hour before your stage time!*

Athlete Registration 17/10/25

from 2 pm onwards at
Oxley Fitness 24/7
Shop 10, 1118 Oxley Road
Oxley 4075

Show Day 18/10/25

Athlete Meeting 9.45 am
The show starts at 10.00 am

10.00 am Men's Classic Physique
10.20 am Men's PRO Classic Physique
10.30 am Women's Physique
10.40 am Men's Bodybuilding
11.00 am Men's PRO Bodybuilding
11.20 Women's PRO Bodybuilding
11.30 am Women's Angels
11.40 am Men's & Women's Tattoo
11.50 am Women's Wellness
12.00 pm Women's Evening Wear
12.10 pm Men's Formal Wear
12.20 pm Women's Figure
12.30 pm Women's Swimsuit

30 min lunch break

1.10 pm Women's Figure Classic
1.20 pm Men's Sports Model
1.30 pm Men's PRO Sports Model
1.40 pm Women's Sports Model
1.50 pm PRO Women's Sports Model
2.10 pm Men's Physique
2.20 pm Men's PRO Physique
2.30 pm Women's Bikini
2.50 pm Women's PRO Bikini

